

# May 2023

Choice: **Chef Salad**

Meal delivery  
cancelations due  
by **9:00 a.m.**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>May 1</b> Cheesy Beef & Bow-Ties Fiesta Corn Harvard Beets Mixed Citrus Fruit Apple Streusel Bread	<b>May 2</b> Breaded Chicken with Pickles Molasses Baked Beans Onion Seasoned Green Beans Peaches Hamburger Bun	<b>May 3</b> <span style="color: red;"><b>CHOICE</b></span> Liver & Onions Mashed Potatoes & Gravy Warm Dinner Roll with Margarine Broccoli Mozzarella salad Chocolate Chip Muffin	<b>May 4</b> Shepard's Pie Carrots Warm Dinner Roll with Margarine Pears Tossed Salad with Ranch Chocolate Chip Cookie	<b>May 5</b> <span style="color: red;"><b>CHOICE</b></span> Pimento Cheese over Lettuce Three Bean Salad Fresh Diced Fruit Hamburger Bun Red Velvet Cake with Cream Cheese Icing
<b>May 8</b> Bacon, Egg, & Cheese Scramble Buttered Green Beans Stewed Tomatoes Orange Juice Biscuit with Margarine & Jelly Double Chocolate Chip Cookie	<b>May 9</b> Meat Lasagna Buttered Lima Beans Asparagus Apricots Garlic Biscuit Vanilla Pudding	<b>May 10</b> <span style="color: red;"><b>CHOICE</b></span> Sub: Ham, Turkey, Cheese, Lettuce, Tomato, & Pickle Beets Chilled Fruit Cocktail Croissant <span style="float: right;">Mayo</span> Lemon Bar	<b>May 11</b> Baked Steak with Gravy Mashed Potatoes with Gravy California Blend Vegetables Peaches Wheat Bread with Margarine Blueberry Muffin	<b>May 12</b> <span style="color: red;"><b>CHOICE</b></span> Breaded Fish Potato Wedges Steamed Broccoli Grape Juice Hamburger Tartar Sauce
<b>May 15</b> No Crust Chicken Pot Pie over Warm Biscuit Citrus Seasoned Asparagus Beets Pears Tapioca Pudding	<b>May 16</b> Sloppy Joe's Diced Maple Sweet Potatoes Cauliflower Cranberry Juice Hamburger Bun Peanut Butter Cookie	<b>May 17</b> <span style="color: red;"><b>CHOICE</b></span> Pizza Casserole Golden Hominy Steamed Broccoli Fresh Apple Garlic Bread	<b>May 18</b> Chicken Drumsticks Mashed Potatoes with Gravy Maple Dill Carrots Wheat Bread with Margarine Blueberries over Pound Cake	<b>May 19</b> <span style="color: red;"><b>CHOICE</b></span> Cheese Omelet Potato Cakes Spinach Peaches Biscuit with Margarine & Jelly Cherry Crisp
<b>May 22</b> Cheeseburger with Onion & Pick- Tater Tots Steamed Broccoli Hamburger Bun Ketchup & Mustard Sugar Cookie	<b>May 23</b> Ham & Scalloped Potatoes French Style Green Beans Warm Dinner Roll with Margarine Apricots Banana Nut Muffins	<b>May 24</b> <span style="color: red;"><b>CHOICE</b></span> Sandwich: Roast Beef, Cheese, Lettuce, Tomato, & Pickle Mustard Potato Salad Fresh Diced Fruit Hamburger Bun <span style="float: right;">Mayo</span>	<b>May 25</b> Teriyaki Chicken & Broccoli over Brown Rice Kyoto Vegetables Sliced Beets Wheat Bread with Margarine Strawberry & Blueberry Parfait	<b>May 26</b> <span style="color: red;"><b>CHOICE</b></span> Macaroni & Cheese Green Peas Warm Blushing Pears Blueberry Bread Tossed Salad with Honey Mustard Dressing
<b>May 29</b> <p style="text-align: center; color: red;"><b>CLOSED</b> For                      Memorial Day!!!!                      Enjoy Your Holiday Meal</p>	<b>May 30</b> Spaghetti & Meatballs with Sauce Italian Green Beans Buttered Yellow Corn Apricots Garlic Bread Vanilla Pudding	<b>May 31</b> <span style="color: red;"><b>CHOICE</b></span> Chicken Bacon Ranch Pasta Normandy Blend Vegetables Buttered Yellow Corn Apple Juice Wheat Bread with Margarine	<p style="text-align: center; color: blue;"><b>Modified Diet Choices</b></p> Cardiac    Diabetic Diverticulitis    Vegetarian <p style="text-align: center; color: blue;"><b>Texture Choices</b></p> Regular    Chopped    Pureed <p style="text-align: center; color: blue;"><b>Milk Choices</b></p> Skim    2%    Chocolate	<p style="color: red;"><b>Choice of Entrée</b> - You must have                      the choice slip from your newsletter                      turned in by the date specified.                      If the choice slip is not turned in, you                      will receive the first item on that date.</p>

Did you know: **Raspberries**  
are a member of the rose

CONGREGATE SITE RESERVATIONS received the same day may not always be served what is on the menu. Please call one week in advance.

VOLUNTARY CONTRIBUTIONS FOR PERSONS AGED 60 & OLDER. THOSE UNDER AGE 60: THE CHARGE IS \$8.75 PER MEAL.

2020 Nutrition Programs are funded by: Title-III of the Older Americans Act via C.O.A.A.A., MOW Senior Services Levy, Client & Community Donations, and Agency Fundraising.

YOUR REGULAR, GENEROUS DONATIONS ARE GREATLY APPRECIATED. Participants over age 60 will not be denied Title-III funded meals due to their inability to contribute as long as fund-

*Lucy's Café Dining Hours*  
10:00 am—1:00 pm